

Prepare Age ( 6 -10 Years)	Basic Tactical skill ( 10 14 years)		Special tactical period ( 14 – 18 years)	A G E
	Level-up tactic ( 10 – 12 Years)	Specific tactical period ( 12-14 years)		
<ul style="list-style-type: none"> <li>-Players on the field</li> <li>-position</li> <li>- not all going for the ball</li> <li>-move on the field</li> <li>-position in defense</li> <li>-position in offense</li> </ul>	<ul style="list-style-type: none"> <li>-The basic soccer rule</li> <li>- understand the position defense ,Middlefield and offense</li> <li>-Building offense</li> <li>-Building defense</li> <li>-transition</li> <li>-pressure</li> <li>-marking</li> <li>-communication</li> </ul>	<ul style="list-style-type: none"> <li>-All rules from soccer</li> <li>-Team work in defense and offense</li> <li>-Understand deep and wide positions</li> <li>-understand –shifting</li> <li>-marking</li> <li>-zone defense</li> <li>-communication</li> </ul>	Person, group and team tactic <ul style="list-style-type: none"> <li>-following marking defense</li> <li>-mixed defense ( marking and zone defense)</li> <li>-communication</li> </ul>	T H E O R I T I C A L
Simple and short passes <ul style="list-style-type: none"> <li>-move with out the ball in small area</li> <li>-technical and tactical exercises</li> <li>-1 v 1;</li> <li>2v1;2v2;3v3; 6v6</li> </ul> <b>Goalkeepers:</b> Position Short throws Direct the defense	<ul style="list-style-type: none"> <li>-Going to the ball</li> <li>-deferent ball control</li> <li>-good first touch</li> <li>-switching positions</li> <li>-take over</li> <li>-overlap</li> <li>-give and go</li> <li>-open space-</li> <li>-free kicks</li> <li>-cornel kicks</li> <li>1v1 to 10v10 games</li> </ul> <b>Goalkeepers:</b> <ul style="list-style-type: none"> <li>-Specific talk for defense</li> <li>-Long passes-throws</li> </ul>	<ul style="list-style-type: none"> <li>-long passes</li> <li>-transitions (defense , Middlefield, offense)</li> <li>-group and position tactic</li> <li>- 1v1 to 10v10 games</li> </ul> <b>Goalkeepers:</b> <ul style="list-style-type: none"> <li>-Specific talk for the defense</li> <li>-Long passes-throws</li> </ul>	<ul style="list-style-type: none"> <li>-person, group and team tactic practice</li> <li>-position tactic</li> <li>-in the game use improvisation</li> <li>-communication</li> </ul> <b>Goalkeepers:</b> <ul style="list-style-type: none"> <li>-leading person and group tactic</li> <li>-understand using long and short goal kicks</li> <li>-communication</li> </ul>	P R A C T I C A L  T A C T I C

Alex Von Ludwig(AVLA)

**Tactical developing program**

**Alex Von Ludwig Master Coach**

